NEW EXERCISE STUDY
FOR PARKINSON'S
ENROLLING NOW

What are we investigating?
- The ExCITES-PD study examines the impact of exercise on sleep and cognition in Parkinson’s.

Future Impact?
- Better outcomes and treatments tailored to each individual, not a "one size fits all" approach to care.

Do I qualify?
- 45 years of age or older
- Diagnosis of Parkinson's
- No contraindications to exercise

What is involved?
- 12-24 weeks of exercise rehabilitation
- 33 total weeks in study
- Testing such as brain scans, sleep studies, and questionnaires
- If enrolled, participants are compensated for their time.

Interested in learning more or participating?
Contact us!

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