

# ANNOUNCING

## The PD Solo Network:

Living Alone While Living with PD

### What is the PD Solo Network?

A **virtual** community for individuals with Parkinson's disease who **live alone**.

The purpose of this network is to build a virtual community of support & information for those who know what it's like to live solo while also living with Parkinson's. Living solo doesn't mean being lonely or isolated.

The network will be launched with the support of the Parkinson's Foundation but will transition to a self-run group or network.

### The PD Solo Network begins on:

**Wednesday, February 1, 2023**

Choose either: 1:00pm ET or 7:30pm ET

### What do you need to participate?

Access to the internet to join Zoom meetings. A phone, tablet, laptop, or computer will work.

There is no fee to participate. The Zoom link will be provided upon registration.

### Learn More and Register at:

[Parkinson.org/PDSolo](https://parkinson.org/PDSolo)

or call Nancy (585) 743-1266